

CSC

Indoor Soccer Rules

USFF Outdoor Rules will be played with the following modifications:

- Two 26-minute halves will be played with running time. 2-minute halftime.
- Games are to be started on-time as scheduled.
- No offside.
- No slide tackling. (This is not applicable to a keeper sliding in his own box. Sliding to stop, trap, kick, or pass the ball when there is clearly no danger to an opponent is not slide tackling and is permitted. All other slide tackles (including ones in the box) will result in an indirect free kick.) Violations will result in an indirect kick and is considered dangerous play.
- Throw-ins will be used in Youth Leagues.
- Indirect kick-ins will be used in Adult Leagues.
- The defenders must be 5 yards from the ball on all free-kicks.
- If the ball hits the ceiling or any of the nets above the field, it will be an indirect kick for the opposing team, closest to the spot where it hit.
- Youth leagues will play 8 vs. 8 (7 field players plus a goalkeeper).
- Adult Leagues will play 7 vs. 7 (6 field players plus a goalkeeper).
- Co-ed teams must have a minimum of 3 females on the field (not including the GK) at all times.
- Goalkeepers are not allowed to punt from their hands or drop kick the ball.
- **A YELLOW card indicates that the player must leave the field and sit out for 2 minutes. (Goals DO NOT end a 2-minute penalty) A substitution CAN be made.**
- **A RED card indicates that the player is ejected for the duration of the game and the team will play short for the remaining time. (Goals DO NOT end a red card penalty). Player(s) receiving a red card(s) or coach(es) dismissal will result in minimum one game suspension. Red cards given for fighting or verbal abuse of referee can carry at least a 2 game suspension. An instigator of a fight (if determined) will receive at least a 3 game suspension.**
- The penalty kick for hand balls or direct fouls in the box will be placed at the top of the penalty area.
- Substitutions can be made at any stoppage at the discretion of the referee.
- No cleats allowed. Shin guards are required. Violators will not be allowed to play

- All players must be on the team Waiver/Roster sheet. Players not on sheet will not be permitted to participate in playoffs
- A player can only be on **one** roster for the regular season, and playoffs.
- If a team has 7 players or more they cannot pull a sub from another team
- If team has less than 7 players they can pull a player from another team, the player pulled must be ok'd by opposing teams captain. (If player cannot be agreed upon then the team will play man down)
- There are **no** subs allowed from other teams during playoffs regardless of amount of players
- Any dispute on players should be addressed with the CSC staff before or during the game (Not the referee)
- During playoffs a roster check can be requested before the game to CSC Staff (Any player not on the roster/waiver form will not be allowed to play)
- For league standings teams and playoff positioning: Points will be used first, followed by head to head, and lastly point differential
- Only players can be in bench area. Fans, friends, and family must be seated across field or in café
- Forfeits result in a 3-0 victory for the opponent