

## Practice times for the Girl's Winter State Program 2023-24 Season

### In Woodbridge:

Juniors & Seniors	8:30am-10:30am
Sophomores	10:30am-12:30pm
Freshmen	12:30pm-2:30pm
7 <sup>th</sup> & 8 <sup>th</sup> graders	2:30-4:30pm

### In Westport:

All grades	6:30pm-8:30pm
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### In Newtown\*:

Juniors & Seniors	8:30am-10:30am
Sophomores	8:30am-10:30am
Freshmen	10:30am-12:30pm
7 <sup>th</sup> & 8 <sup>th</sup> graders	10:30am-12:30pm

**\*Practice times subject to change after first three weeks of program in Newtown, but will stay between the hours of 8:30am-1:30pm**

**Times for Competition Days will be posted to website 10 days prior to each Competition Day**